

takeout

breakfast served until 12pm

- sip & tuck breakfast (#)** 9.0
 2 cumberland sausages, 2 smoked bacon, free range eggs, vine tomatoes, portobello, house beans, homemade hashbrown, toast
- veggie breakfast (#) (v) (vg on request)** 9.0
 2 sausages, free range eggs, vine tomatoes, portobello, house beans, smashed avocado, homemade hashbrown, toast
- eggs benedict/royale (#)** 8.0
 2 poached eggs, hollandaise sauce on a toasted english muffin
choice of ham, maldon smoked salmon **or** portobellos
- porridge oats (#) (v)** 5.5
 warm creamy oats, homemade berry compote, blueberries & maple syrup

single portion 6.5 available

winter breakfast 7.0
 cumberland sausage, smoked bacon, poached egg, black pudding, vine tomatoes, smokey beans, st jude curd, toasted pine nuts, toast

brunch served all day

- loaded toast (#)** 5.5
 choice of toast with smashed avocado, st. jude curd, rocket, toasted pine nuts, cold pressed rapeseed oil
add bacon / salmon / chorizo / eggs / portobellos **+3.0**
- belgian waffles** 6.0
choice of fruits, chantilly cream & chocolate sauce (v)
or smoked bacon & maple syrup **+1.0**
or buttermilk chicken, maple syrup & crispy potatoes **+3.0**
- floury bap (#) (add a fried egg 1.5)** 5.0
 2 sausages or 3 bacon in a buttered bap served with local fairfields farm crisps* or salad (vg - option available)
- french toast (v)** 8.5
 brioche egg bread served with fruits, homemade compote, chantilly cream & maple syrup

sarnies served all day

- ciabatta panini** 4.5
 bacon, local british brie & cranberry*
 sausage, cheddar & sticky pickle chutney*
 chicken, mozzarella & sweet chilli
- toastie** 4.5
 home cooked ham, cheddar & red onion marmalade*
 tomato, mozzarella & pesto (v)
 mushroom, cheddar & sticky pickle chutney* (vg)

burrito warm burrito served on a bed of salad 6.5
breakfast burrito - pepper, onion, breakfast potatoes, bacon, egg & cheddar (v) option - mushroom not bacon (vg option available)

salads served 12pm until 3pm

- sip & tuck monthly house salad** - see specials 7.0
- chicken, avocado & baron bigod brie, toasted pine nuts, pine nuts, red onion, cranberry vinaigrette 8.0

skin on fries	2.5	sweet potato fries	3.0
chunky chips	2.5	house slaw	3.0

cold drinks

- syrups** still or sparkling water 2.3
 elderflower / strawberry / lemon / iced tea / mojito
- cloudy apple or orange smooth** 3.0
fresh squeezed orange with bits 4.0
- frobishers** mango / orange 2.5
- franklin & sons** sparkling lemonade 3.0
 raspberry / rhubarb / elderflower
- lemon-aid** passion fruit lemonade 3.0
- coke / coke-zero / diet coke** 1.7
- san pellegrino** limonata / blood orange 2.0
- whites** lemonade 1.5
- fever tree** mediterranean light tonic / ginger ale 2.0

milkshakes served with cream & toppings

- milkshakes** local ice cream by SUFFOLK MEADOW 4.8
 belgian chocolate / salted caramel / coffee
 vanilla / strawberry / banana
- vegan shakes** alternative milk & ice cream 4.8
 chocolate / vanilla / strawberry / coconut
- hardshakes** indulgent alcoholic milkshakes 7.5
 baileys salted caramel **or** bourbon chocolate hazelnut

smoothies

- smoothies** real fruit blended with fresh cloudy apple juice 4.0
 tropical twist (pineapple, mango, kiwi)
 berry express (strawberries, mixed berries)
 mango medley (mango, banana)
 veg patch (kale, spinach, pineapple)
- coolers** real fruit blended with sparkling water & agave 3.8
 pure mango / mixed berries / dragon fruit & mango

local fairfields farm crisps*
various flavours
 lightly salted
 cheese & onion
 roast rib of beef
 sea salt & aspartame
 cyder vinegar
 sweet chilli
 ghostship
 salt & pepper
 1.5

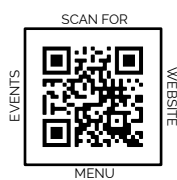
takeout beers, wines, cocktails?
ask our staff
 create the perfect picnic for the park

savoury snacks

- sausage roll** 3.5
 homemade hot pork & herb sausage roll
- saus-ish roll (vg)** 3.5
 homemade veggie pepper & chorizo roll
- scotch egg** 3.6
 homemade pork & herb encased egg

* available to buy at the tuck shop

(vg) vegan
 (v) vegetarian
 (#) gluten-free option available
 you must advise staff about any allergens, our kitchen uses nuts, sesame seeds & other allergens



All dishes are cooked to order & freshly prepared.

In busy periods, we serve everyone in order & there may be a small wait - but we firmly believe it is worth it!