## breakfast served until 12pm

sip & tuck breakfast (#) 2 cumberland sausages, 2 smoked bacon, free range eggs, vine tomatoes, portobello,	9.0
house beans, homemade hashbrown, toast  veggie breakfast (#) (v) (vg on request) 2 sausages, free range eggs, vine tomatoes, portobello, house beans, smashed avocado homemade hashbrown, toast	9.0
eggs benedict/royale (#) 2 poached eggs, hollandaise sauce on a toasted english mut choice of ham, maldon smoked salmon or portobellos	8.0 ffin

winter breakfast	7.0
cumberland sausage, smoked bacon, poached egg,	
black pudding, vine tomatoes, smokey beans, st jude curd	
toasted pine nuts, toast	

# brunch served all day

loaded toast (#) choice of toast with smashed avocado, st. jude curd, rocket, toasted pine nuts, cold pressed rapeseed oil add bacon / salmon / chorizo / eggs / portobellos +3.0	5.5
belgian waffles	6.0
choice of fruits, chantilly cream & chocolate sauce (v)	
<ul><li>or smoked bacon &amp; maple syrup +1.0</li><li>or buttermilk chicken, maple syrup &amp; crispy potatoes +3.0</li></ul>	
floury bap (#) (add a fried egg 1.5) 2 sausages or 3 bacon in a buttered bap served with local fairfields farm crisps* or salad (vg - option available)	5.0
french toast (v)	8.5
brioche eggy bread served with fruits, homemade	
compote, chantilly cream & maple syrup	

### Sarnies served all day

chunky chips

Sairies served all day	
ciabatta panini bacon, local british brie & cranberry* sausage, cheddar & sticky pickle chutney* chicken, mozzarella & sweet chilli	5.0
toastie home cooked ham, cheddar & sticky pickle chutney*tomato, mozzarella & pesto (v) mushroom, cheddar & red onion marmalade* (vg)	5.0

burrito	6.5
breakfast burrito - pepper, onion, breakfast potatoes, bacon, egg & cheddar (v) option - mushroom not bacon (vg option available)	

Salads served 12pm until 3pm sip & tuck monthly house salad - ask staff chicken, avocado & baron bigod brie, toasted pine nuts, pine nuts, red onion, cranberry vinaigrette		7.0 8.0	
skin on fries	2.5	sweet potato fries	3.0
chunky chips	2.5	house slaw	3.0

\* available to buy at the tuck shop (vg) vegan (v) vegetarian (#) gluten-free option available you must advise staff about any allergens, our kitchen uses nuts, sesame seeds & other allergens



### cold drinks

<b>syrups</b> still or sparkling water elderflower / strawberry / lemon / iced tea / mojito	2.3
cloudy apple or orange smooth	3.0
fresh squeezed orange with bits	4.0
frobishers mango / orange	2.5
franklin & sons sparkling lemonade raspberry / rhubarb / elderflower	3.0
lemon-aid passion fruit lemonade	3.0
coke / coke-zero / diet coke	1.7
san pellegrino limonata / blood orange	2.0
whites lemonade	1.5
fever tree mediterranean light tonic / ginger ale	2.0
milkshakes served with cream & toppings	
milkshakes local ice cream by SUFFOLK MEADOW belgian chocolate / salted caramel / coffee vanilla / strawberry / banana	4.8
vegan shakes alternative milk & ice cream chocolate / vanilla / strawberry / coconut	4.8

smoothies	
smoothies real fruit blended with fresh cloudy apple juice	4.0
tropical twist (pineapple, mango, kiwi)	
berry express (strawberries, mixed berries)	
mango medley (mango, banana)	
veg patch (kale, spinach, pineapple)	
<b>coolers</b> real fruit blended with sparkling water & agave pure mango / mixed berries / dragon fruit & mango	3.8

hardshakes indulgent alcoholic milkshakes

baileys salted caramel or bourbon chocolate hazelnut

# local fairfields farm crisps\* various flavours

lightly salted cheese & onion roast rib of beef sea salt & aspall cyder vinegar sweet chilli ghostship salt & pepper 1.5

# takeout beers, wines. cocktails?

7.5

ask our staff

create the perfect picnic for the park

# savoury snacks

sausage roll	3.5
homemade hot pork & herb sausage roll	
saus-ish roll (vg)	3.5
homemade veggie pepper & chorizo roll	a C
scotch egg	3.6
homemade pork & herb encased egg	

All dishes are cooked to order & freshly prepared.

In busy periods, we serve everyone in order & there may be a small wait - but we firmly believe it is worth it!